

293 US 206 Flanders, NJ 07836

(973)584-4933

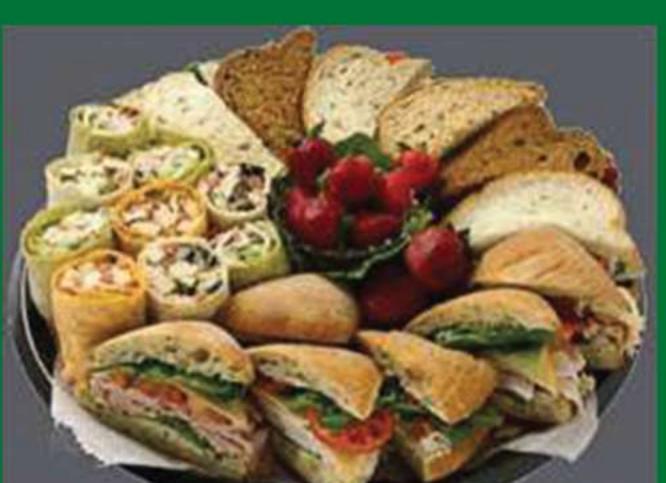
The Finest Old Fashioned, Handrolled Kettle Boiled Bagels in the Country.

Muffins - Salads - Pastries - Assortment of Cream Cheese, Smoothies & More

# For DELIVERY Go To Our Website FlandersBagels.com & Click On The GRUBHUB™ Link

For CURBSIDE PICKUP Call Your Order In 973-584-4933









#### SANDWICHES

1.	BEVERLY HILLS - Roast beef, roasted turkey breast coleslaw & Russian dressing on Italian bread	
2.	LOS ANGELES - Homemade tuna salad, lettuce a tomato on whole wheat	
3.	CARIBBEAN - Roast turkey, muenster cheese, raw onion & honey mustard on rye	
4.	SALT LAKE CITY - Ham, salami, bologna, Swiss lettuce & Russian dressing on rye	
5.	WASHINGTON DC - Roast beef, turkey, bologna, prelettuce, tomato & mayo on Italian bread	
6.	GREEN BAY - Salami, ham, roasted turkey, Sv lettuce, tomato & Italian dressing on rye bread	
7.	DALLAS - Roast beef, American cheese, lettuce, tomato & deli mustard on rye	
8.	RICHMOND - Hot Virginia ham, Swiss with honey mustard on a bagel	
9.	LITTLE ROCK - Turkey, coleslaw & Russian dressing on rye	\$8.99
10.	LULU VAN LU - Turkey, bacon, tomato & mayo on white toast	\$8.99

	olive oil on a pumpernickel bagel	\$9.99
12.	GI GO - Grilled peppercorn turkey, melted pepper jack lettuce, tomato & honey mustard	7.61
13.	HEAVENLY BAGEL - Honey turkey, Swiss, lettuce, tomato & honey mustard	\$8.99
14.	JOE PICSOPO - Turkey, Swiss & honey mustard on a sesame bagel	\$8.99
15.	LARY BIRD - Turkey, muenster, lettuce & honey mustard on Italian bread	\$8.99
16.	ORLANDO - Roast beef, turkey, Swiss & mustard on a roll	\$8.99
17.	ITALIAN BAGEL - Ham, Genoa salami, provolone, le tomato, onion, oil & vinegar, salt, pepper & oregano	
18.	HOWARD STERN - Chicken salad, bacon & American cheese on an onion bagel	\$8.99
19.	CHESTER BAGEL - Hot sliced chicken breast, bacor cheddar and honey mustard	Wheel seeks
20.	JOHN TRAVOLTA - Salami, provolone, hot & sweet olive oil & vinegar on Italian bread	
21.	PAUL NEUMAN - Roast beef, lettuce, tomato	

11. MADONNA - Roast beef, hot peppers & virgin

22. BARBARA STREISAND - Hot ham & Swiss	
with Russian dressing on a roll\$8.9	) (
23. JULIO IGLESIAS - Hot ham, muenster cheese, lettuce,	
tomato & Russian on a whole wheat bagel\$8.9	)(
25. FAT ALBERT - Hot roast beef, onions, hot	
peppers, sweet peppers & melted Swiss	
on Italian bread\$9.9	) (
26. BOBBY BROWN - Egg salad, salad, bacon, lettuce	
& tomato on whole wheat\$7.9	) (
27. NAME THAT TUNA - Homemade tuna salad served	ł
on warm filled rye bread with melted cheddar	
cheese, onion and tomato\$8.9	)(
28. JOSE CAN YOU SEE - Ham, fresh mozzarella, lettuce,	,
tomato with fresh pesto on a toasted sub roll\$8.9	)(
29. BRITTANY SPEARS - Ham, turkey, Swiss & pickle	
slices with deli mustard on a toasted round\$8.9	) (
30. CHICKEN ALA DELSIE - Grilled chicken breast,	
mushrooms, onions and melted fresh mozzarella serve	d
on Italian bread drizzled with.	
balsamic vinaigrette\$9.9	) (
31. REUBEN - Hot pastrami or corned beef, sauerkrau	t
melted Swiss, Russian dressing on grilled	
rye bread or coleslaw\$9.9	) (

### GRILLED CHICKEN SANDWICHES

	SHILD WICHLS
32.	THE DILLINGER - Grilled chicken, bacon, lettuce, tomato and herbed mayonnaise\$9.99
33.	THE CAPONE (THE ITALIANO) - Grilled chicken, fresh mozzarella, roasted red peppers and balsamic vinaigrette\$9.99
34.	THE BONNIE & CLYDE - Grilled chicken, deluxe har melted Swiss and honey mustard\$9.99
35.	THE PRETTY BOY - Grilled chicken, bacon, avocado, lettuce, tomato, herb and mayo\$9.99
36.	ITALIAN HOT DOG - Two grilled hot dogs with sauteed onions, peppers and potatoes on a sub
37.	MERRIL LYNCH - Grilled chicken breast, bacon, melted Swiss & honey mustard on a wrap\$9.99
38.	JIM BREUER - Whole chicken breast, lettuce, tomato

& mayo on a toasted everything bagel.....\$9.25

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& horseradish on a roll.....\$9.99

	BREAKFAST	
1	Bagel Or Roll with Butter Or Jelly	\$2.36
2	Bagel with Plain Cream Cheese Or Peanut Butter	\$3.25
3	Bagel with Scallion CC	\$3.75
4	Bagel with Olive CC	\$3.75
5	Bagel with Strawberry CC	\$3.75
6	Bagel with Walnut Raisin CC	
7	Bagel with Lox Spread	\$4.50
8	Bagel with Sliced Nova	\$10.99
9	Bagel with Bacon, Scallion & Herb CC	\$4.25
10	Bagel with Garlic and Herb CC	\$3.25
11	Avocado Toast	\$6.99
12	Avocado Toast w/ Egg	\$7.99
	Also Available: Lite, Plain, Vegetable, Olive and Scallion Cream	Cheese
12	Breakfast Burrito - 2 eggs, onions peppers, bacor	า &
	American cheese served in a soft flour tortilla	\$7.49
13	Workday Platter - 2 eggs, 3 strips of bacon	
	& buttered toast	\$6.25

14 Healthy Day - Egg white omelette with tomato

whole-wheat toast.....\$5.99

& onions topped with low-fat Swiss on

15	The Big House - 2 Eggs, Taylor ham, bacon, sausage and American cheese on a toasted bagel
16	French Toast - 2 slices of thick French toast with butter and syrup\$5.99
	OMELETTES
1	WYATT EARP - Mushrooms, green peppers, onions, spinach and tomato
2	WILD BILL - Diced ham, tomato & cheddar cheese\$9.49
3	BAT MASTERSON - Spinach, mushrooms, Swiss cheese & diced tomatoes
4	WILLIAM BONNEY - Grilled chicken strips, cheddar cheese, onions, green peppers & salsa\$9.99
5	THE O.K. CORRAL - Meat Lover's Delight - Bacon, sausage, diced ham, cheddar cheese, onions peppers and salsa\$10.99
6	Five Egg whites, mixed vegetables, Swiss cheese, and turkey bacon\$9.99
7	Five egg whites, turkey and cheddar cheese\$9.99
8	WESTERN OMELETTE - Diced ham, grilled peppers

& onions and white American cheese......\$10.49

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#### FROM THE GRILL

Served in a bagel, roll or bread

	The state of the s	
1	One egg	\$2.99
2	Two eggs	
3	One egg with cheese	
4	Two eggs with cheese	
5	Taylor ham, bacon or sausage	
6	Taylor ham, bacon or sausage & egg	
7	Taylor ham, bacon or sausage & cheese	
8	Taylor ham, bacon or sausage with egg & cheese	
9	Steak, ham or turkey, egg & cheese	
10	Grilled Cheese	\$4.25
11	Grilled Cheese with Bacon	\$5.75
12	Grilled Cheese with Ham	\$5.75
13	Grilled Cheese with Tomato	\$4.75
	Grilled Cheese with BLT	
	Extra Egg	
16	Extra Meat	\$1.75
17	Extra Cheese	\$0.90

Or make your own sandwich...

**CLUB SANDWICHES** - Served on white, wheat or rye toast with bacon, lettuce and tomato......\$10.49

#### **HAMBURGERS**

- Ma Barker Juicy hamburger topped with cheddar
- Jesse James Hamburger topped with cheddar cheese, bacon, lettuce, tomato, grilled onions & tangy BBQ sauce.......**\$6.75**
- The Godfather Delicious hamburger topped with melted provolone cheese & marinara sauce......\$6.50
- The Calamity Jane Hamburger topped with bacon,
- The Doc Holiday Hamburger covered in sauteed --
- Classic Burger Onion, lettuce, tomato, yellow American cheese and mayo. ......\$6.25

#### SALADS

- Caesar Salad Made with Romaine lettuce, croutons, Parmesan cheese and cheddar dressing......\$9.99
- Greek Salad Made with iceberg lettuce, tomatoes, onions, cucumbers, olives and Feta cheese with oil and vinegar. .....\$8.99
- Chef Salad Made with turkey, roast beef, deluxe ham, Swiss cheese and your choice of dressing......\$9.99
- Cobb Salad Made with Romaine lettuce, blue cheese, hard boiled egg and cherry tomatoes......\$9.99
- Mixed Greens Salad Made with iceberg lettuce, spinach, arugula, onions, peppers, tomatoes,
- Spinach Salad Dried cranberries, walnuts, crumbled blue cheese and raspberry vinaigrette. ..... \$8.99

#### LUNCH

Served with lettuce, tomato and onions on a bagel, roll, white, wheat or rye bread with a pickle.

Ton, winte, wheat of Tye bread with a profite	<b>'</b> •
Italian Hoagie	\$9.99
Boiled Ham	\$8.99
Virginia Ham	\$8.99
Oven Gold Roast Turkey	\$8.99
Honey Turkey	\$8.99
Peppercorn Turkey	\$8.99
Roast Beef	\$9.99
Bologna	\$7.49
Genoa Salami	\$8.49
BLT	\$6.99
Grilled Chicken	\$8.99
Philly Cheese Steak	\$9.99
Classic Gyro	\$8.49
Reuben	\$9.99
Homemade Tuna or Chicken Salad	\$8.49
	Italian Hoagie  Boiled Ham  Virginia Ham  Oven Gold Roast Turkey  Honey Turkey  Peppercorn Turkey  Roast Beef.  Bologna  Genoa Salami  BLT  Grilled Chicken  Philly Cheese Steak  Classic Gyro  Reuben

16	Egg Salad	\$6.99
17	Whitefish Salad	\$9.99

#### **VEGGIE WRAPS**

- Roma Lightly breaded eggplant, fresh mozzarella, roasted pepper and pesto sauce......\$8.99
- Portabella Mozzarella Garlic roasted portabella mushrooms, fresh mozzarella, roasted peppers and balsamic vinaigrette......\$8.99
- Roasted Vegetables Mixed veggies with spinach, fresh mozzarella and balsamic vinaigrette......\$8.99
- **Hummer** Roasted peppers, cucumbers, lettuce, tomato, fresh mozzarella and pesto sauce.......\$8.99
- Hummus Wrap Hummus, lettuce, tomatoes, and cucumbers......\$8.99
- Grilled Zucchini Fresh mozzarella, tomatoes
- Turkey Avocado Swiss cheese, cucumbers and honey mustard.....\$9.99
- Avocado Wrap Avocado, lettuce, tomatoes and oil and vinegar.....\$9.99





## FULL CATERING MENUS FOR ALL OCCASIONS

### MEETING MAKERS

THE RUSH HOUR - Platters of assorted bagels, muffins, danish, croissants and pastries served with butter, cream cheese or 

THE POWER LUNCH - Platters of gourmet cold sandwiches or 

THE AFTER HOURS - Antipasto platter with fresh mozzarella, roasted red peppers, salami, ham, provolone cheese, cherry peppers and assorted olives 

THE COFFEE BREAK - Coffee, juice and a platter of 

THE HOT & HEARTY - Scrambled eggs, sausages, bacon, home fries, French toast and breads served with fruit and hot and cold beverages......\$12.99 per person

THE BREAK-FASTER - Platters of bagels sliced and served with cream cheese or butter......\$4.25 per person

POPULAR HOT ENTREES

Lasagna Meat or Cheese Cavetelli and Broccoli Beto's Baked Ziti Chicken Parmigiana Meatball Parmigiana Sausage & Peppers

Veal Marsala or Francese Picatta or Saltimbocca

Rigatoni Amatriciana Roast Beef with Veggies

Mom's Meatloaf/Mashed

Eggplant Rollatini Penne with Vodka Sauce

### FAMILY STYLE **MEALS**

Roast Beef Dinner Meatloaf Dinner Roast Chicken Dinner Chicken Fingers Dinner

\*\*\*Please call to discuss custom appetizer trays and finger foods for your event.

If you don't see it here, please call for optional menu items and pricing. Custom trays and platters are always available!

With gourmet spreads at an additional charge.

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